

|    | A         | B                                     | C                                    | D   | E                              | F                               | G                       |
|----|-----------|---------------------------------------|--------------------------------------|---|--------------------------------|---------------------------------|-------------------------|
| 1  |           | Coronaprogramm 2020 Kieler Turnerbund | Brunswik von 1899 e.V.               |   |                                |                                 |                         |
| 2  | <b>KW</b> | <b>Montag</b>                         | <b>Dienstag</b>                      | <b>Mittwoch</b>                             | <b>Donnerstag</b>              | <b>Freitag</b>                  | <b>Samstag</b>          |
| 3  |           | 23.3.2020-29.3.2020                   |                                      |   |                                |                                 |                         |
| 4  |           |                                       | 11.00-11.40 Wirbelsäulengymn, Britta |   |                                |                                 |                         |
| 5  |           |                                       | 15.00-15.40 Kinderyoga, Britta       | 17.30-18.10 Functional Fitness Jugend, Nils | 18.00-18.40 Zumba Katja        | 9.30 Full Body Workout, Manuela | 10.00 Skigymnastik Nils |
| 6  |           |                                       | 16.00-16.40 Yin Yoga, Britta         | 18.30-19.10 Functional Fitness, Nils        | 19.00-19.40 Rückenfit Alina    |                                 |                         |
| 7  |           |                                       | 19.00-19.40 Tabata, Alina            | 19.30-20.10 Power Pilates, Randi            |                                |                                 |                         |
| 8  |           |                                       |                                      |   |                                |                                 |                         |
| 9  | <b>KW</b> | <b>Montag</b>                         | <b>Dienstag</b>                      | <b>Mittwoch</b>                             | <b>Donnerstag</b>              | <b>Freitag</b>                  | <b>Samstag</b>          |
| 10 |           | 30.3.-05.04.2020                      |                                      |   |                                |                                 |                         |
| 11 |           |                                       | 11.00 Wirbelsäulengymn, Britta       |   |                                |                                 |                         |
| 12 |           | 16.00 Hatha Yoga, Manuela             | 15.00 Kinderyoga, Britta             | 17.30 Functional Fitness Jugend, Nils       | 18.00 Zumba Katja              | 9.30 Full Body Workout, Manuela | 10.00 Skigymnastik Nils |
| 13 |           | 17:00 Kinderzumba Katja               | 16.00 Yin Yoga, Britta               | 18.30 Functional Fitness, Nils              | 19.00 Rückenfit Alina          |                                 |                         |
| 14 |           | 18.00 Zumba Katja                     | 19.00Tabata, Alina                   | 19.30 Power Pilates, Randi                  |                                |                                 |                         |
| 15 |           |                                       |                                      |   |                                |                                 |                         |
| 16 | <b>KW</b> | <b>Montag</b>                         | <b>Dienstag</b>                      | <b>Mittwoch</b>                             | <b>Donnerstag</b>              | <b>Freitag</b>                  | <b>Samstag</b>          |
| 17 |           | 06.04.-12.4.2020                      |                                      |   |                                |                                 |                         |
| 18 |           | 16.00 Hatha Yoga, Manuela             | 11.00 Wirbelsäulengymn, Britta       | 17.30 Functional Fitness Jugend, Nils       |                                |                                 |                         |
| 19 |           | 17:00 Kinderzumba Katja               | 15.00 Kinderyoga, Britta             | 18.30 Functional Fitness, Nils              | 18.00 Zumba Katja              | 9.30 Full Body Workout, Manuela | 10.00 Skigymnastik Nils |
| 20 |           | 18.00 Zumba Katja                     | 16.00 Yin Yoga, Britta               | 19.30 Power Pilates, Randi                  | 19.00 Rückenfit Alina          |                                 |                         |
| 21 |           |                                       | 19.00Tabata, Alina                   |   |                                |                                 |                         |
| 22 | <b>KW</b> | <b>Montag</b>                         | <b>Dienstag</b>                      | <b>Mittwoch</b>                             | <b>Donnerstag</b>              | <b>Freitag</b>                  | <b>Samstag</b>          |
| 23 |           | 13.04.-19.4.2020                      |                                      |   | 11.00 Wirbelsäulengymn, Britta |                                 |                         |
| 24 |           | 16.00 Hatha Yoga, Manuela             |                                      | 17.30 Functional Fitness Jugend, Nils       | 15.00 Kinderyoga, Britta       | 9.30 Full Body Workout, Manuela |                         |
| 25 |           | 17:00 Kinderzumba Katja               |                                      | 18.30 Functional Fitness, Nils              | 16.00 Yin Yoga, Britta         |                                 | 10.00 Skigymnastik Nils |
| 26 |           | 18.00 Zumba Katja                     |                                      | 19.30 Power Pilates, Randi                  | 18.00 Zumba Katja              |                                 |                         |
| 27 |           |                                       | 19.00-19.40 Tabata, Alina            |   | 19.00 Rückenfit Alina          |                                 |                         |
| 28 |           |                                       |                                      |   |                                |                                 |                         |
| 29 |           | Änderungen, Ergänzungen vorbehalten   |                                      |   |                                |                                 |                         |
| 30 |           | Kiel, 26.3.2020                       |                                      |   |                                |                                 |                         |